

BY GOD'S GRACE,
I WILL BE SWIFT TO HEAR WHAT IS TRUE,
AND GIVE HONOR WHERE HONOR IS DUE.
I WILL LEARN WHAT IT MEANS TO OBEY,
AND BE TRUE TO WHAT I SAY.
I WILL BE DRESS,
AND SHOW REFINEMENT.



ALERT Cadet™

Basic Training Manual

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WELCOME

Welcome to ALERT Cadet!

We are so pleased to have you join the many thousands of fathers and sons sharing in this experience. As you know, ALERT Cadet focuses on the father and son relationship and provides tools fathers can use to help their sons grow into biblical manhood. We accomplish this by creating opportunities for fathers to spend quality structured time with their sons through the ALERT Cadet curriculum, ranks, and awards.

The ALERT Cadet program was designed to be done at home with a father and his sons. You are more than welcome to meet together with other fathers and their sons in a local unit, if one is available. There is no required way to 'do' this program. This is an adventure with your sons!

How to Complete this *Basic Training Manual*

We have designed the *Basic Training Manual* in such a way that diligent fathers and their sons can complete it in two weeks. You will find two common completion schedules on the next page, or create what best fits your family.

Fathers, accomplish every project in the ALERT Cadet *Basic Training Manual* with your sons. Spend quality and quantity time with them, teach them how to do new skills, and demonstrate your own willingness to learn by having a teachable spirit.

Sons, listen to your father and learn from him. Tell him and show him that you are grateful for his time, attention, teaching, and love. Assist your father to complete his projects; however, recognize that your father is a busy man with many demands upon his time. Show him respect and honor by responding to correction with humility and love. Sons, give your heart to your father! (Prov. 23:26)

The projects in the *Basic Training Manual* are designed to help teach and solidify the concepts in the ALERT Cadet Covenant. The following guidelines should help you cover the material effectively:

- Plan to succeed!
- Schedule when you will work in the manual.
- Use the Completion Record at the back of this manual to record your progress through the projects.
- Fathers, initial the Completion Record for your sons' work, and sons, initial for your fathers' work.

Let's get started!

The ALERT Cadet staff

ALERT Cadet History

The Air Land Emergency Resource Team (ALERT) program seeks to train young men who are 17 years and older in emergency and life skills.

ALERT Cadet was founded in 1995 as an outgrowth of the ALERT program. The original design was to harness the energy and enthusiasm of the ALERT men's younger brothers and their friends at home, and to provide a venue for fathers to mentor and disciple their sons.



ALERT Cadet helps fathers train their young men in the disciplines necessary to excel in life, such as service to others, Scripture memory, obedience to God-given authorities, and physical training.



ALERT and ALERT Cadet are ministries of the International ALERT Academy, a non-profit Christian organization dedicated to raising generations of young men and women who will impact the world with the message of Christ through benevolent service to others.



ALERT Cadet is headquartered at the International ALERT Academy campus in Big Sandy, TX, USA, about 100 miles (160 km) east of Dallas. The 2,200 acre campus is blessed with classrooms, conference facilities, lodging, commercial kitchen and dining hall, gymnasium, aviation hangar, and outdoor adventure courses.



*"History cannot give us a program for the future, but it can give us a fuller understanding of ourselves, so that we can better face the future."
- Robert Penn Warren*

COMPLETION SCHEDULES

These are two examples of how this booklet can be used.

Use one, or create what best fits your family.

One Week Schedule

Day One - 45 min. total

- ☐ Page 6 - 30 min.
- ☐ Page 7 - 15 min.
- ☐ Begin Page 8

Day Two - 45 min. total

- ☐ Page 9 - 15 min.
- ☐ Page 10 - 30 min.
- ☐ Continue Page 8

Day Three - 45 min. total

- ☐ Page 11 - 30 min.
- ☐ Page 12 - 15 min.
- ☐ Continue Page 8

Day Four - 1 hr. total

- ☐ Page 13 - 1 hr.
- ☐ Continue Page 8

Day Five - 45 min. total

- ☐ Page 14 - 45 min.
- ☐ Continue Page 8

Day Six - 3 hrs. 45 min. total

- ☐ Page 15 - 15 min.
- ☐ Page 16 - 1 hr.
- ☐ Page 17 - 15 min.
- ☐ Page 18 - 45 min.
- ☐ Page 19 - 30 min.
- ☐ Continue Page 8

Day Seven - Day of Rest

- ☐ Complete Page 8

Two Week Schedule

Day One - 30 min. total

- ☐ Page 6 - 30 min.

Day Two - 15 min. total

- ☐ Page 7 - 15 min.
- ☐ Begin Page 8

Day Three - 15 min. total

- ☐ Page 9 - 15 min.
- ☐ Continue Page 8

Day Four - 30 min. total

- ☐ Page 10 - 30 min.
- ☐ Continue Page 8

Day Five - 30 min. total

- ☐ Page 11 - 30 min.
- ☐ Continue Page 8

Day Six - 2 hrs. total

- ☐ Page 12 - 15 min.
- ☐ Page 13 - 1 hr.
- ☐ Page 14 - 45 min.
- ☐ Continue Page 8

Day Seven - Day of Rest

- ☐ Continue Page 8

Day Eight - 15 min. total

- ☐ Page 15 - 15 min.
- ☐ Complete Page 8

Day Nine - 30 min. total

- ☐ Begin Page 16 - 30 min.

Day Ten - 30 min. total

- ☐ Complete Page 16 - 30 min.

Day Eleven - 15 min. total

- ☐ Page 17 - 15 min.

Day Twelve - 25 min. total

- ☐ Begin Page 18 - 25 min.

Day Thirteen - 1 hr. 50 min. total

- ☐ Complete Page 18 - 20 min.
- ☐ Page 19 - 30 min.

There is also a Completion Record on Page 20.

ALERT CADET MOTTO AND COVENANT

The Biblical basis for ALERT Cadet is to assist fathers in developing sons who are able to “overcome the evil one”. The foundational qualities desired of ALERT Cadet fathers and sons are outlined in our covenant.

Cadet Motto

Strong to Overcome! (From 1 John 2:14)

Cadet Covenant

By God’s grace,
I will be swift to hear what is true,
And give honor where honor is due.

I will learn what it means to obey,
And be truthful in all that I say.

I will be neat in room and dress,
And show to others true gratefulness.

Project 1

Memorize the Cadet motto and covenant. Recite them to each other.

Project 2

Write out 1 John 2:14 below, memorize and recite it to each other.

UNIFORM

The purposes of the ALERT Cadet uniforms are identification, recognition, and motivation. A father and son may opt to buy the 4-piece ALERT Cadet Duty Uniform while they are completing *Basic Training*. Upon Advancement, each father and son will receive their Chambray shirt, along with their first ranks.

ALERT Cadet Duty Uniform



ALERT Cadet Duty Dress Uniform



ALERT Cadet Rank Insignia



Cadet



Cadet
First Class



Cadet
Specialist



Cadet
Corporal



Cadet
Sergeant



Cadet
Staff
Sergeant



Cadet
Sergeant
First Class



Cadet
Master
Sergeant

ALERT Cadet Award Ribbons



Father Award



Commendation



Citation



Personal Excellence



Psalm 119 Scripture Memory



Journal



Cadet Service



Personal Service



Unit Service



Disaster Deployment



Good Conduct



Phase Scripture Memory



Life Giver Handbook



Truth Seeker Handbook



Soldier Handbook



Servant Handbook



Craftsman Handbook



Pilgrim Handbook



Novice Handbook



Crisis Response Training



Physical Fitness Excellence



Pressing-On Excellence



LTC Camp Participation



Father & Son Camp
Participation



ALERT Cadet Challenge
Leadership



ALERT Cadet Challenge
Participation

Project 1

Become familiar with the Welcome to ALERT Cadet booklet, which explains what you see on these pages.

ALERT CADET COVENANT PROJECT

"I will be swift to hear what is true."

Project 1

Look up the following verses. In those verses, discover things which an ALERT Cadet should hear. Write your answers below.

Psalm 119:160

Proverbs 1:8

Revelation 2:29

